

CreActing India Report

Workshop Phase – 2

Muskaan , Bhopal, Madhya Pradesh, India
(27th/01/2021-07th/02/2021)



Final Day group picture

Context

In the first month of 2021 group decided to go back to Bhopal for the workshop. Corona condition was already changed in India and mind setup of people also changed, so they started living there daily life normally like before. But still things outside was not working normally like travelling in train and flights. This time it was easier for us because we were already knowing the group from phase one of the workshop in November 2020. Because group was big that's why we decided go with 4 trainers from Bodhgaya and Abhishek joined us also from 31st January. He came directly from Germany to Muskaan Bhopal, so all and all we were 5 trainers.



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Preparation

After reaching Muskaan on 25th evening and 26th January as we decided before with Muskaan, because due to republic day students were busy in celebration so we used that day for planning with Creacting Germany (Wolfgang Schramm and Christian Fried) . We decided time when we will meet everyday with them on Video call for making concept of the next day workshop and for feedback exchange about day.

For feedback exchange time was before dinner – 18:00 pm to 19:00 pm (Indian time) German time (13:00 pm).

For making concept and planning for next day was after dinner – 20:30 pm to 00:00 uhr (ind) German time 16:00 pm.

This was for us our daily routine with Wolfgang & Christan.

we and Muskaan finalize date together to start workshop from 27th January till 6th February (10:30 am to 4:30 pm including one hour break with lunch and others things). In between of the workshop dates one day on 29th January someone from the community known person from Muskaan passed away in the Bashti. The workshop haven't take place so we decided to give workshop also on 7th February to fill that gap.

The group was big like last time. Again we decided to split the group in two parts so in one time two workshop was going on in two places.

2 trainer were working with each group and groups were switching everyday.

The Group was less so we were able to make a healthy and safe environment.

We were all safe. We had no any difficulties regarding our health during the process and we continued with it but only it was little bit difficult with children time schedule. Some children had exam so they were not coming every day and also we found four new children this time so it was hard for them to get inside directly.

Last time in the first phase of the workshop we introduced them feelings, emotions and fun. This time our objective was:-

1. Developing self confidence in them.
2. Increasing there thinking ability.
3. Introducing presence on the stage.
4. Improving creativity.
5. Given them Theory classes of method act about :-
 - observing their own breath and view.
 - How to find themselves while playing (who am I).
 - Playing theatre as an experiment.
 - Importance of warm up.
 - How to give feedback.
 - Difference between players and spectators.
 - Element of starting the play (concentration, breathing in and out, contemplation, position/ presence)
6. Introducing them how to handle camera.

We asked Brajesh to provide notebook and pen with board to each children to write about their experiences.

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27th January 2021

We were ready at 10am early in the morning and waiting for Students to start our first day of workshop with full power and happiness inside our self. Students came but they were one hour late for the workshop. It was totally normal for the first day to bring them again in time. Without wasting a time we directly started the workshop with introduction. We found four new faces inside the workshop and four old faces we missing from the last time. We divided the group in 7 and 6 and moved with groups in different rooms. We had same concept for both group. So we started with playing indiacca to take them inside in the group after long time with having fun on music. Our focus was for the first day to recall everything what we did with them in first phase of the workshop in November 2020.

While playing with them we found that it was little bit difficult for the new ones but the best part was the old students were helping them to come inside the process. We did meditation with them to make their personal thoughts out and to take them inside with full concentration. And at the end of the workshop we found happy faces with so much excitement for the next day. While doing workshop we found students were not wearing mask outside and we were asking to wear inside that was making no sence than we asked only our trainers to wear mask for others it was normal. So over all it was the good startup of the phase 2. Before students were leaving we asked Brajesh to bring students on time from the next day and we told same to students to be on time .

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28th January

After having breakfast we directly went to garden of Muskaan and asked students to come first there because we thought to make them aware that they are not two group but they are all together a group. So we played indiacca with them in garden and we separated like yesterday in two group but the group switched between trainers.

Today we found one student was missing in the group. So group was in 7 and 5 number.

After starting the workshop first we started asking them that how was their sleep last night and how they are feeling now?

Then we started with them a new process and to work on our objectives for this times.

Today we introduced to them how to give massage to each other. The intention was to give them a possibility to touch each other during massage to fill the gap of distance while workshop. Because in first phase in November we felt that they were so much hesitate and shy to touch each other specially between boys and girls.

We worked on them to develop their ability to feel the feeling (one is sitting in front of his/her partner, other one is standing behind with any feeling and the front one is trying to feel the same) of each other without seeing.

We introduced Association circle (for improving their word thinking ability and to make them concentrate) to them.

We given them theory lesson about breath & view.

And other things like Room walk, playing indiacca , asking how they are today?, are the part of our daily concept.

And day 2 finished with new experience for students as well for us.



Left Pic is of Jiya, in middle group is doing room walk, and right pic is of Rajendra and Jiya.

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30th January

Day started same like everyday. Workshop goes with indiacca, meditation , theory and roomwalk as usual. We introduced slow motion and fast motion, emotion changing with partner and Imagination play with partner on stage like :-

- Driving a boat
- Digging a hole and planting tree.
- Carrying very big, heavy and costly things.
- Burning fire.
- Drain water from Hand pump.

In theory we taught them about “presence” and “self confidence”. For making them better understand about the content of theory we translated everything in Hindi and also we make them aware about theory while playing.

We given them some fantasy topics (flying carpet, the door for another world) in a group to think and play together.

At last we seen some creative act by the players and we given them feedback about what we seen and what they did. We given them positive feedback for their motivation to think more in future, as it was their first concept play.

And we finished with last round the day.



Shimla, Jitu and Surshen

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Dance training by Abhishek

1st February

After one day off we started again with full energy and joy the workshop. Today Abhishek kumar was also with us. He reached India on 28th January 2021 from Germany and he reached muskaan on 31st January. So he started dance session in beginning with students and they enjoyed to do dance with Abhishek. The dance session was organised by him to motivate children for the day as well as it was a good startup of the workshop with some bodily warm up. Bollywood dance workshop with so much fun.

After dance we started theatre with morning round, meditation and theory lesson. Today our main focus was in theory lesson to introduce about framing, humours attitude, responsibility as a player (don't hurt yourself and don't hurt others). While playing we given them possibility to know how to exchange feeling from each other.

In a play two people were doing a work with different feeling like:-

1. using hand pump
2. carrying heavy things
3. dinging ground for getting something wonder
4. changing from boy to girl and from girl to boy.

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After lunch break we started with association round and than we divided different group and asked them to write different topics what they like to play but each member of the group have to write their topics.

We got the topics like this:-

1. visit in forest (Shimla)
2. Video shooting (Sursen)
3. Black magician with ghost (Sukhvendra)
4. Lion in the village. (Mallu)
5. Life of fly (Ranveer)
6. Thief enter in the house (prity).

These topics we kept for future concept work for them.

After getting many topics we went for concept work with topics like:-

- visitors from different planet.
- A door to another world
- mosquito party

Some task we given to include inside their act like slow motion, fast motion freeze.

After seeing all the act we found it very interesting inside them to hear about their act what they played. So their excitement toward their own play started increasing.

So we finished day with joy and happiness.



framing



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2nd February

Abhishek started with the dance workshop. After dance we started theatre workshop but there was new student “Manager” came and Ajay, jitu and Vishal was not there. So any how we started with warmup and today our plan was to work with them on “Elements of starting the play”. Like everyday we always introduced topics of theory also in playing practical part.

Elements of starting the play:-

- Concentration
- Breathing out everything deeply and with joy
- contemplation
- position/presence
- and three two one..... go!
- Clapping hands.

In this theory as well as practical part our main motive was to make them aware about how start a play? and how to make yourself ready for your play?

While doing practical part we worked with them:-

- How to fight on stage without touching each other in slow motion and how the expression should be.
- Corridor emotion (five main feelings)

After the break Jitu also came because of his exam he was not in first half.

We started with Association and than we asked children to write again their fantasy topics.

- If there are no trees in the world than what was happens? (Jitu)
- ghost inside the ground (Rajendra)
- Magic (jiya)
- dustbin (Raina)
- eating inside lion cage (Raj)
- magical bucket (manager)

so in two days we collected many topics from group. We told today from both group two two players to observe different exercise what we given. like today we asked one player to observe Room walk and another one to observe Association. Because we asked them to lead this in tomorrow workshop.

After that we went for concept work. We finished with last round today session.

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3rd February

As usual workshop started with Abhishek dance class with Bollywood environment. After class theatre started with morning round, meditation, and room walk.

We given task yesterday to few children to lead one part of exercise from today. So we went with this, we saw they tried their best we were supporting in between when we found its needed.

It was first time for them so in the beginning they were not able to concentrate and others also to see their friends leading.

But the main part was they tried their best and it was starting for their leading too from today onward.

Today we worked full day on topic – Magic.

On stage two players were playing as magician and they were fighting with magic to save the title of best magician of the world. In starting they were showing their power with magic and at last they started fighting with magic. There they include status changing in their play.

After lunch we started with indiaca and than we went for massage round with team. Players had to stand with their partner and they Have to give massage to each other.



Massage round

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After massage we went with Association round and than at last with did concept work.

Topics were:-

1. Magical school
2. meeting of the magicians

while doing last round we asked children who was leading today, How was their experience after leading, the leading student was Mllu, Prity, Ranveer and shimla.

Mallu - I was scared in starting but slowly slowly i started enjoying , it was first time for me but i would like to do this again.

Prity – it was nice for me too but it was hard to make group concentration but with teachers help its became easier for me.

Ranveer – I was nervous whole time and i was thinking all the time i am speaking right or wrong but after finishing i realised so much thinking is not good. I want to again.

Shimla – I was struggling with words and sentences but after doing this i understand words will come automatic you just need a confidence. I was scared also when in between others was laughing. But anyhow it was nice experience for me.

we given task to other children to lead tomorrow and with last round we finished the day.



Shimla doing Camera

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Abhishek with Students

4th February

Day started with Abhishek dance class today his focus was to introduce inside the dance. Last days he was just working with them on body movement but today it was about combination of acting and dancing. After dance class we started with theatre.

Like yesterday 4 students were going to lead today slowly slowly we were giving them chance to lead in front of us. Main focus was to let them speak more and more. Just to grow their self confidence. And because yesterday some already did so others were nervous but not scared.

Today we were going to work on their inside power. We had stage work which we call “Doubling” and “Status change”.

While doing theory lesson we asked students some questions from last days, some were not really remembering everything but few students had remembered the things not all but almost.

After break Abhishek started to ask students to learn how to Handel camera. This was one of our goal where we wish to see them handling this too. So today some got chance to come in a tour with this.

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After doing workshop we did a last round of the day than we asked like everyday how was the day high light?

The students who were leading today one of them he told that it was nice to have this chance but it was so hard for him to find the right sentence to speak, he was confused with his thoughts in between he was stopped than we helped him. So it was hard for him.

But we make them understand that in theatre there is no right no wrong just you have to believe in yourself than word will come by it self. But in other hand we totally understand this situation. So with positive and happiness feeling we finished today workshop.

5th February



Last night was little bit more longer than the last nights. Before dinner like everyday we shared and exchanged our views about the day and about the progress of students. All trainers shared their views about the workshops and also about the individual students. We found it was very nice evening round and to here from each one of us so detailed. So after dinner we came back in call again and started making concept for next day. Its went longer than usual nearly 5 hour only in video call after that we had to write everything properly and selecting music we slept very late. So Good night for now.....



Online call creating family Germany & India

Morning started in same time like everyday but today it felt like very early because of less sleep last night. But Abhishek startred with dance class and than we went for theatre.

Today we were going to work with them on Ore cal, voice cordination, emotion change with similar word like “Chola – Bhatura”, “Aloo – Gobhi”.

Same we planned to introduce today like everyday in warm up before coming on main exercise.

We were seeing from last few classes that they started understanding the concept plays of others students and they want to give their words also on that which we called feedback.

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So today In our theory lesson we taught them about “How to give feedback”.

After lunch break we started with playing with Indica than Association round after that we did the emotional bus (Bus with full emotion, every character have to come with one feeling and others have to catch the same feeling who is in the bus). In starting students were scared but slowly they started enjoying the bus ride.



Group Bus ride

After doing this we went with Concept work. Than we finished the day with last round. In last round we heard that students started enjoying their leading part day by day. And they started getting confidence about themselves. So we given others task for tomorrow leading.

6th February

Today was the second last day of workshop and we were ready with our today concept so Abhishek started with Bollywood dance lesson and than we went for theatre.

We started with morning round asking about How they are? Than we went for other thing from the planning. In theory lesson we continued with topic How to give feedback? And in practical part we worked on emotion corridor, Balance platform, feeling picture and flash charecter.

Roomwalk leded by Manager and Sukhvendra and in other group Jiya and Rajendra.

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Today was the 2nd last day of workshop and we were Happy to see their progress. We went with our concept for today and came on concept work for the day play. Today we asked children to think about the dream role what they want to play in future. And day finished with so much learning and fun with last round.



1. Shimla is with “fear” feeling.
2. Rajendra with “sad” feeling.
3. Group is with “Happy” feeling.
4. Group is with “Angry” feeling.



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7th February

Today was the last day of phase 2 workshop and we planned to do workshop with all students together in one place but because of not having big inside space in Muskaan so we asked Brajesh in 6th evening to arrange somewhere outside space for today.

We started in morning with Tuktuk all together for Gandhi bhavan today spot for the workshop.

After reaching we found the hall was quite big and group was fitting very good there.

It was really nice place for that big group only one thing was disturbing because of broken window loud noise was coming from outside directly inside the hall.

It was hard in starting but any how we managed.

In our plan we added exercises from last days to recall everything.

So things we collected from the last days of our concept. But we given few students chance to give feedback today.

It was not easy for them and also not easy for their friends to hear feedback from each other. So we asked them just to focus on some point only from the play.

And in one hand it was last class. Peoples, students and theatre were sad but other hand it was really nice to play all together.

After doing all the exercise we went for last round for the day as well as for the whole 10 days of phase 2.

last round went very long because children had a lot to say. They told so many things it hard to write everything but some feedbacks are:-

- **Shimla-** Before I was not able to speak with anyone so openly and i had also so less confidence but after doing this workshops I am able to communicate with others. Also I got so many friends here.
- **Sukhbendra-** Before it was hard for me to control my smile to see others smiling. But now i am confident about my self if i will play now on stage i am able to control it no matter if audions and others are smiling on me.
- **Mallu-** when i was coming for the first time my friends and family they all had a so many questions where i am going, what i will do , their is nothing. But i came and i really liked to attend this workshop and to no how to express the feelings. Also i like to play with my friends here.
- **Sursen-** i liked really to attend this workshops before when we were playing the shows we never focused in audions but now we learned how to focus while playing and it will also not disturb your play.
- **Jitu-** like sursen told before we were not caring so much about other thing just we were playing but now we learned about stage management like focus on audions, stage size feelings many more.

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- **Ranveer**- before I had no idea and i had not a single believe on me that i am able to do acting, but Sister made me that I am able to do this. I was so much scared in other word i never liked to see and to touch girls before but after coming and playing with them here now i have no doubt that i was thinking wrong.
- **Prity**- i work also in office in muskaan but in this workshop i made a friendly relation with everyone. Before i never had a chance like this. While doing concept talk it was nice to hear and share my views with other. I got to know about everyone life that's makes me happy.
- **Raina**- i got know everyone after coming here i liked the workshop alot. I had not the believe that my parents will allow me to come here but i was wrong they supported me. I want to do this always.

So this was the last day and overall words about whole workshop of phase 2. its ended with lots of happiness and excitement for next workshop. We loved to be and to work with them.

On 8th we flew back to bodhgaya from muskaan.

Looking forward to see all of them soon.



BYE FOR NOW